

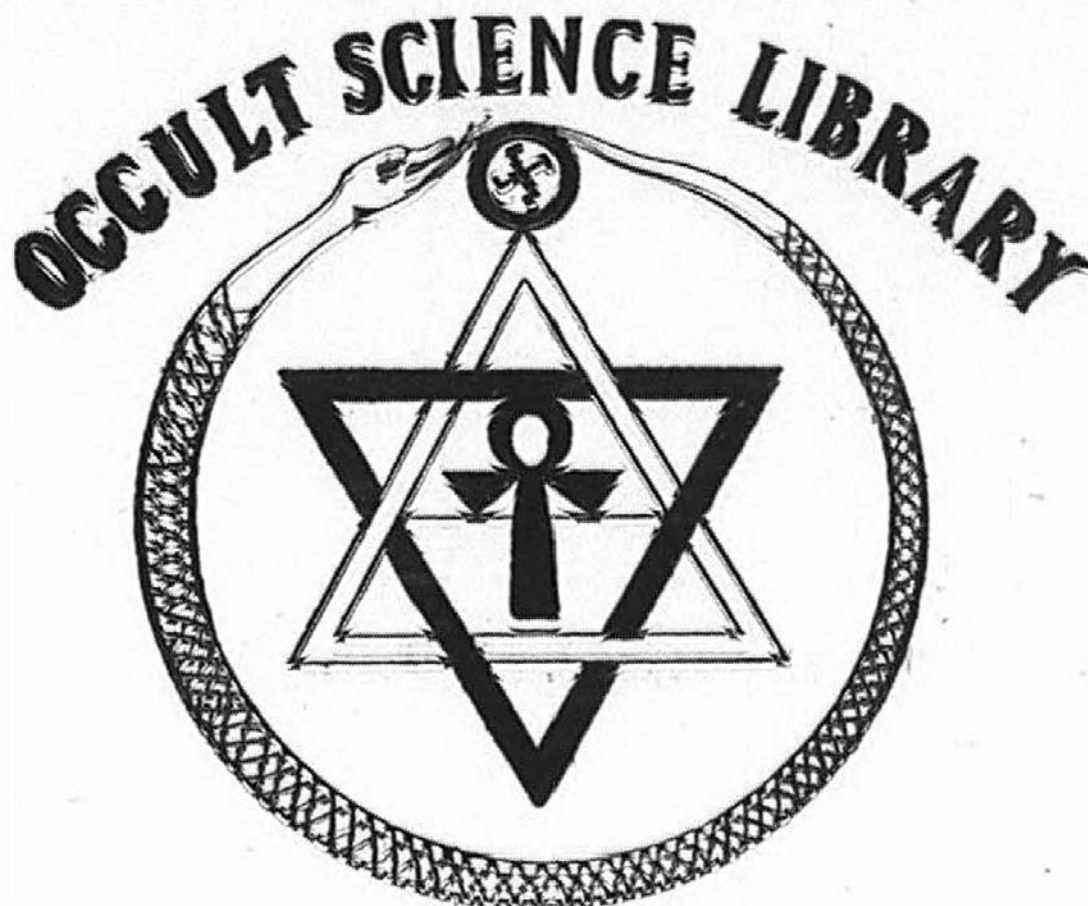
YOUR THOUGHT FORCES AND HOW TO USE THEM.

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ALL THINGS EVOLVE FROM WITHIN.

The Home Silent Thought Brotherhood.

(SEE OCTOBER NUMBER.)

SUBJECT:

"HEALTH RECIPES."

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Character Delineations

It is designed in this important department of our work, to offer students the safe means of obtaining that true self-knowledge which is at the foundation of all development of occult powers. It is only when one **fully understands** his individual talents and capacities, that he can **make the most** of them. To the degree that one lacks conscious omnipotence, does he need self-knowledge.

This department was originally intended, exclusively, for the somewhat advanced members of our Brotherhood. The entire cost of our first five degrees of the Brotherhood, which includes these delineations, two books, and the OCCULT SCIENCE LIBRARY MAGAZINE for a year, is \$7.50 (only \$2.50 more than the delineations alone), and, it is a **great advantage** to take the delineations in connection with the degrees; but, they will be given separately if desired. The five degrees may be taken at one time.

In these delineations we undertake by exhaustive and scientific methods, to ascertain what are the various esoteric undercurrents of the character in question, and thus are we able to give helps and accurate advice for the development of the individual talents so discovered, such as could be obtained, perhaps, in no other way. Do you value business success and growth?

Your Business Adaptation

is the most important question you have to consider. You cannot **over-estimate** its importance. Failure, disappointment, regrets, and humiliations are the almost **certain** results of ill-chosen pursuits. Most persons **stumble** into business, or, are thrown into it by accident, temporary necessity, misguided ambition, or perverted fancy, without any serious **thought** as to their real **fitness** for the vocation they adopt. The natural consequence is waste of time and life's forces, loss of hope and courage, and a sapping of the **very foundations** of success and talent.

Success is Certain

in most cases where they get into the right place, and then work faithfully, with the earnestness which hope and adaptation inspires. Most persons have ten times more talent than they think, and waste their very **lives** in occupations which yield only about **one-tenth** of the money and happiness that would be possible in an occupation scientifically determined by their inherent constitutional biases.

Address

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Health Recipes.

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Those who are Occultists will understand the esoteric significance of the following formulas. Others who are able to "Read between the lines," and still others, are likely to apply them. To the extent that they are fully applied, can they be depended upon to bring convincing demonstrations in actual results. They may be successfully and helpfully used by any person who is seeking more perfect health, better material surroundings, higher standards of character, and true happiness.

Their applications in individual lives, vary as widely as do the circumstances and needs of those individuals, hence they are useful and helpful to high and low alike, in fact to all who have needs and who have not yet attained to perfection. They relate to occult forces which all persons possess,—to those ever active thought forces which each person must necessarily use, ignorantly or otherwise, during his every waking hour. If the truth could but be known, they are no less active during the hours of sleep. The mind never rests. Consciousness is thought. The sub-conscious mind is ever active and during the periods of bodily rest is all the more capable of acting with vibratory power on things at a distance.

It is during sleep that many of our greatest undertakings are really accomplished. It is the sub-con-

scious mind that is most powerful in secretly and noiselessly accomplishing such undertakings. To understand the laws, powers, and most available and effective ways of using our conscious and sub-conscious thought forces, is of unequaled importance, and therefore anything which casts even only faint rays of reflected light on the subject, should not be despised.

The occult philosophy unfolds the subject in a way that is reasonable, comprehensive, self-evident, and therefore convincing. That is why, though claiming so much power, it throws down the gauntlet for practical tests on such simple, easy, and available conditions. Only the Truth could afford to be so bold. Truth is all. It is omnipotence. It is its own backing and may always be depended upon to demonstrate results, however difficult, to the extent that it is properly applied in an individual life, for the constitution of man is founded upon it. It is so widely related that it includes everything. A thinker is its necessity, for how could it otherwise express itself.

Every atom in the universe is a thinker, and the power to think, and thought, is that which makes its evolution possible. Desire is thought. The desire for food in the lowest forms of life is thought. It is the power which gradually evolves a stomach. It in time becomes centered on higher things than food, and slowly but surely accomplishes correspondingly higher purposes. The power to think is man's higher self, and is likewise the soul principle of all created things. Thought is the only creative power. Its purpose is, through a thinker, to express Truth, its cause and

counterpart. Its attachment to its cause is so perfect and complete that it is able in time to *fully* express Truth's omnipotence. It is not strange that being backed by such a healthy, ever-living and all-powerful cause, man's thought should have wonderful powers here and now.

What is the secret of such powers? It is to keep closely in touch with the higher self, or sub-conscious mind and so, through the law of vibration, draw on Truth for its omnipotence. Can it be done? Yes. And how? By a process of thought.

Formulas are valuable to the extent that they embody that process and thus reduce fundamental laws and principles to a working basis. We may reasonably start with the premise that Truth *is*, for that fact is indisputable. It is the everlasting part or essence of all things, including man. Whatever *is*, exists only to the extent that it embodies it, and to so manifest it is its one and only purpose. It is the one original, eternal and omnipotent principle which we call God. It is because man's higher self is at one with it, that its unspeakable powers are given to his thought to the extent that he keeps his thought-consciousness in touch with his higher self.

That he fails to properly do so is the cause of all his troubles and misery. It is why his body becomes inharmonious or diseased and then dies. It is why his business affairs and circumstances get "out of joint" and unsatisfactory. It is the cause of all his unhappiness, dissatisfactions and sufferings. It is the why of everything that is called "bad" or "evil." To remedy

it is the object toward which all human efforts should be directed.

Your first object should be to prepare the way for the higher self to act by thoroughly clearing your mind of all its erroneous thoughts concerning yourself. It is imperative that you have a clearly defined understanding of the basic principles of your own permanent being, that you may really know when you have so cleared your mind. It is also important that you know at least the chief tendencies and biases of your present individual character that you may know their chief points of strength, as well as the difficulties and undercurrents within yourself, that you have to overcome. It is then that you can deal with them more directly and successfully.

The fourth and fifth degrees of our Brotherhood are for the purpose of offering practical inexpensive, scientific and therefore reliable means by which persons may know to a certainty what are those individual talents and tendencies within themselves. How many there are who stumble along through life, repeatedly fail and finally lose hope and faith because unable to get on the right track and duly utilize their natural powers. Their failures are not due to a lack of sufficient ability to succeed but to the fact that they work in opposition to natural laws within themselves which might and should be utilized.

Your real gold-mine is not in Alaska but within yourself, and may be found through self-knowledge. To forego your opportunities for finding and developing it because of the slight cost of needed helps and instruction is to cheat yourself of the success which

might be yours. It is like cutting off your feet to save the expense of a pair of boots. A gold-mine which is ever within your reach is your higher self. One method of reaching it whenever needed, is through thought-treatments. The first object to gain in such a treatment is to clear the way that the higher self may more freely act. The following is recommended as

Recipe No. 1: Try in every way to fully comprehend and understand why all bodily inharmonies, all misfortunes and every unsatisfactory thing, event or circumstances that can come into the life of an individual being caused by his failure to keep in sufficiently close touch with the higher self, can now be remedied by first getting and then keeping so in touch with the higher self.

Though the difficulty, circumstance or thing itself may be entirely detached and distant from the body, there are always connecting vibratory powers and occult forces within the body or inner self which are fully capable of reaching and controlling those vibrations of which the disagreeable things in question are composed. Thought controls vibration and there are no walls or obstructions strong enough to successfully oppose its action when understandingly used. All may use it understandingly.

Before beginning your efforts to bring about the above realizations within yourself it is well to first get in a restful bodily position. If in a rocking chair do not rock. Keep quiet. Close the eyes. So far as is possible still the outer senses and calmly wait until the breathing becomes slow, deep and harmonious and the mind restful and concentrated, that your meditations

may reach a vibratory keynote within yourself that is sufficiently deep to produce a correspondingly effective result both within and without.

If in the attainment of the above objects, you are led to use a set form of affirmations, you should select, or formulate for yourself, such as may seem to most fully embody the principle in question and most directly apply to your individual needs.

In the use of an affirmation it is wise to hold each separate word in the thought until its vibratory force and meanings fully reach the inner consciousness and as each succeeding word is so held, it should also be connected with its preceding words, that their collective meanings and vibrations may sink into the consciousness and thus take hold of the higher self.

The effort should of course be to quiet the outer senses and thus get free from their external and inharmonious surface vibrations. Do not be in a hurry, for hurry, anxiety and fear are surface vibrations. The higher self does not fear and so long as you are anxious or hurried you may know that you have not yet fully reached its inner sanctuary of peace, repose and power. Therefore, I say, take your time with your affirmations as though you had all day for them. The soul is in no hurry. It has an eternity in which to do its work. It works most effectively when it works reposefully. Do not try to "think hard." To "think hard" would be to strain the body or brain in doing what the spirit alone can do. It should be a question of withdrawing the thought consciousness from its multitude of external distractions—from the physical senses and things of sense, that it may nestle into close

and loving vibratory relations with the spirit or higher self within and thus draw on its omnipotence for needed vibratory power and all it implies.

Stop now and see how slowly, peacefully and reposefully you can silently pronounce the following words, three, seven, ten or twelve times and in accordance with the above rules, viz.: I—am—my—higher—self, —my power—to—think. It—is—indestructible—and —omnipotent. My—every—atom—sprung—from—it —and—is—fully—charged—with—its—power—and —harmony. There—is—nothing—to—fear. Nothing —that—can—harm—me. Love—peace—power—and —plenty—are mine.

If to any degree you find the above has any effect in steadying your mind and in bringing you into more harmonious relations with the higher self, you may know by that, that its exhaustless reservoir of wisdom and harmonious vibratory power is available, within reach and at your command whenever needed, and for whatever purpose. To constantly live in conscious oneness with the higher self is to infuse your life with all that the universe can offer to you. To do so is therefore worthy of whatever effort it may cost.

Recipe No. 2. Let it become clear to your mind that ignorance is the only bondage. That the vibrations which compose our bodily atoms were produced and given form by our past thoughts in this or in other lives, and that they may now be arranged into more harmonious and desirable forms by simply changing into harmony our conscious and thus our subconscious thoughts. That even our material surrounding and circumstances drifted to us not by chance, but in

accordance with a law within ourselves and because there was that within ourselves which was sympathetic to them, at least to their inner meanings.

The law of correspondence is scientifically exact in all its details. If our circumstances do not seem to correspond with ourselves, it is only a seeming and because we do not truly understand ourselves or our circumstances, and have not yet learned the meanings and lessons which those circumstances were intended to convey to us. The meaning of all circumstances is to teach us ourselves, for in truly understanding ourselves we understand God and all his works, and will then need no other lessons.

The one specific lesson which all circumstances should have for us is that it is by our thought, and within ourselves, that we must in time find the only power which is able to deliver us from the bondage of ignorance and mould our circumstances to our liking. It is clear that the deliverer must be that which has command of the cause of our bondage. Thought is that deliverer.

An affirmation which could be used to advantage as formula No. 2 is: All—bondage—and limitation—is—only—ignorance. I—overcome—bondage—by overcoming—ignorance; By—thinking—truth; By delving—within—my—higher—self—to—the source—of—all—knowledge—all—wisdom—all—Truth—all—power.

Recipe No. 3. Realize that thought cannot be bound. No person can dictate as to what another shall think. It is through thought that Truth becomes the successful champion of everybody's cause. There is no ignorance so dense that thought cannot

penetrate it; no prison doors of bondage so secure that it cannot enter. The power to think, and thought, is the Royal and universal Dictator within every heart before which its useless and self-imposed chains of ignorance must in time succumb. It is a true "master of wisdom" which is personal to every human being. Man is so constituted that he cannot permanently resist the matchless inducements it silently offers to him. It is his very life, therefore to follow it he *must*, whether through open or winding passages. To follow wisely its thought methods is to save the necessity of many penalties and to substitute great rewards in their place.

To duly exercise your unlimited freedom in thought does not mean to think at random or to think absurdities, but to earnestly seek Truth and self-knowledge wherever found, without fear or favor, and to eliminate from your thought dictionary such words as "I can't" and "impossible." Such independence is worshipful, and not sacrilegious or tyrannical, because it is obedience to the Divine laws within. Real tyranny is self-tyranny. It is the tyranny of ignorance. It is the tyranny which fixes limits as to what thought can do.

An affirmation which bears on the matter is as follows: I—am—free—in thought. My—thought—is—my—deliverer. I—seek—Truth—wherever—it—is—found—but chiefly—at—its—fountain-head—with-in—my—higher—self. I—will—permit—no—dictation—as to what—I—shall—think. I—am—not ruled—by—prejudice.—Within—myself—is—all—Truth—all—knowledge—all—power.

Recipe No. 4. Demand freedom from all fear. Fear and its results are the consequent bondage which springs from ignorance—from a belief in limitations and evil—from the erroneous idea that harm can come to that nature which is founded on eternal laws and Infinite good.

The consequences of such false beliefs are most disastrous. To fear a disagreeable thing is to more closely attach yourself to it. It is like directly connecting your self by vibratory gas pipes with its poisonous vibrations. To fear a reality is to send out thought-messengers with the vibratory power, to winningly invite and entice it into your "fold" as though it were a missing sheep. Don't do it. To fear an imaginary evil is even more foolish. It is to project a thought-form or mould of the evil feared, and to gradually fill that mould with the constantly densifying vibrations of your fearing thoughts. Such moulds are magnets or vacuums which create the powerful vibratory or magnetic affinities and sympathetic conditions which tend to attract all things of a similar character. Like attracts like. It is by our thoughts of fear and evil that during a long past we have built evil conditions into our present surroundings. Thought is the universal builder. It is the "mill of the Gods" which "grinds (or acts) slowly, but grinds so exceedingly fine."

The remedy for evil in your life is within yourself. Evil circumstances in your life, having come to you on the wires of your thought, will cling to you until you learn their lessons, therefore you should learn their lessons quickly. They come in accordance with uni-

versal laws, for the kindly and benevolent purpose of teaching you yourself—of teaching you your secret powers—of teaching you that it is by your thought that you can build good things as easily as bad and mould your present distorted surroundings into things of beauty, happiness and usefulness.

If with every morsel of food you eat, of water you drink or of air you breathe, you at the same time think or fear disease or "microbes" you are thus sowing throughout your physical system and sub-conscious mind the seeds of disease. The right thought and mood during such acts would enable you to so extract from that food, water and air, their helpful vibrations only. Do you wonder, then, why the gentle life-giving spirit has entered its *protest* against your present methods of life? In such protests it is only saying: Dismiss your needless fear. I am your life. "Come unto me and I will give you rest."

You will not have perfect health so long as you live in the poisonous thought-currents of fear. You should drive away all fear through the knowledge and spiritual sight that your real inner life can never be injured, and that your physical life will be free from disturbances to the extent that you keep it in harmonious touch with that inner refuge. Have you feared to speak the truth thinking that unhappy consequences might thus ensue? Do not fear to speak it boldly, and thus invoke the aid of those basic principles and forces which run the universe. Have you been otherwise dishonest through the fear of poverty and want? Have you then so little faith in that basic law of Love which is your *life*, and within—the cause

of vibration, therefore, is the source of all power and is that interior law of attraction which is ever able to care for its own.

By your hate and fears you repel. Love attracts. Both are natural principles which being based on the laws of thought and vibration are at the command of man. By your acts you choose either the law of repulsion—hate—fear, or the law of attraction—Love—faith.

He who fears poverty and disease is sowing vibratory seeds which will bring a harvest of poverty and disease in due season. He who desires health and success should reinforce such thoughts of desire with thoughts of determination, aspiration and hope and also with thoughts of faith and trust in those interior laws of Love and Truth which through thought give man command of all the forces in the universe. To substitute thought images of good for your present thought-fears or images of evil, is to send out powerful messengers to inform such evil condition that they can find nothing sympathetic—nothing of their kind—in your life. It is to turn on them a "hose" of vibratory power which will send them away with its currents. It is to *remove* any vibratory gas pipes that may connect them with you. It is to get away from a self-created world of negations and into an equally self-created world of affirmations—in the great ocean of universal good.

Your world will change as if by magic as soon as you change the "goggles" of thought through which you view it. It would be difficult to imagine an easier condition or requirement for the attainment of a pur-

pose so great. It is only when you bring into action your interior thought-omnipotence that time and size and the exactions of severe efforts in the attainment of objects, are done away.

A person may obtain, from within, much occult help in self-treatments for fear, etc., by properly reading the Psalms. The 23rd Psalm may be selected as an instance. Whenever the word "Lord" is found in so reading the Bible, its esoteric meaning, viz.: the higher self, should be substituted, for only then are the real meanings likely to be correctly understood. The basic law of man's permanent being is his "Lord" or higher self. It is personal to each one of us.

The Bible is intended as a true history of each soul in its countless incarnations. It is only when it is read with reference to the within, that it can be properly appreciated or its esoteric meanings understood. The so-called historical (?) events therein related are valuable to the extent that they serve to illustrate the principles and problems of life—of your soul-life and mine—just as an example in arithmetic would be valuable in illustrating the principles of mathematics. How foolish it would be to overlook the real mathematical lesson and so pervert and degrade the true intentions and meanings, in our senseless efforts to ascertain if "John" actually did have "Three apples and Henry seven," for whether fact or fiction it matters not so long as they are true as illustrations or examples.

So long as Christians cling to and place such exaggerated meanings on the mere twenty-six letters employed in the Bible, or even to its names and dates and so-called historical events, just so long will they con-

fine themselves almost wholly to the A, B, C's of its primer, overlook its real and deeply esoteric meanings and worship a God of mere physical externals or "the letter" instead of "the spirit" or true God and Christ principle within their own hearts. They thus substitute "Idols" for the real principles involved.

The secret of the magical powers of the Christ is merely to find the Christ (principle) within the self. It will then be easy to "create opportunities," control circumstances, heal the sick or when *fully* awakened within, to even raise the dead.

The following affirmations may be helpfully used in driving fear from the conscious and sub-conscious mind and thus from the body, viz.: I—am. I—am—one—with—the eternal—cause—of all—things. Being—inseparable—from—that—indestructible—source—I—have—nothing—to fear. There—is—nothing—that—can—harm—me—or—alter—the—laws—of—my—permanent—Being. God (good)—reigns—within—me. I—refuse—to—be controlled—by—negative—forces. All—is—harmony. A universe—would—otherwise—be—impossible. Fear—is—ignorance. I—am—not—bound—by—it. Love—is—my—life. Love—through—vibration—cares—for—its—own. Realities—cannot—be—destroyed or injured. Unrealities—need not—be—feared. I—am—real. All—things—though—worth—working—for—are—not—worth—worrying—about. My—higher—self—is—always—with—me. I—cannot—fear. Thought—is—my—deliverer. I—am—free—in—thought. My—soul—is—as free—as—its—cause.

Recipe No. 5. As avarice, envy, deception, anger,

hatred, malice, cruelty, revenge, etc., are all the satellites and illegitimate products of fear they should be ever kept out of the thought-consciousness as being inconsistent with a sound philosophy of life.

If ever tempted to indulge in even the first stages of any one of them you may know that you have not fully exterminated their root-cause—fear. Would you envy or hate another, did you not fear he would in some way obtain or deprive you of some good, some advantageous thing or possession? Away with such nonsensical imaginings and whenever tempted to so waste your thought-forces simply recall the principle that all that permanently *is* is good, that you can obtain all good by simply thinking and thus creating good only, that to think evil creates evil, and that every circumstance whether good or so-called evil, is in reality good to you in that it will help teach you its needed lesson, and its lesson is that you should look at your creative thought powers within and use those powers in affirmative ways—only, viz.: In thinking and thus creating good alone.

The so-called law of repulsion is really the agent and reflex of the law of Love. All is in reality Love. It is the only law. Hate loves or attracts hate and hateful things; fear loves fear and attracts the things feared. Both hate and fear, though negations, are in reality the friends of man, in that they serve to slowly awaken his native interior powers in overcoming the disagreeable things thus brought into his life through the rough but kindly agency of his hating and fearing thoughts.

Ignorance is man's only real enemy. The principle

of Love within man, which is his life, cares so much for his welfare that it is willing, if necessary, in overcoming his ignorance to inflict on him such nauseating physics as hate, fear, etc., and their consequent disasters and despairs, until he awakens to Love's easier affirmative methods of acquiring knowledge and the development of his inner powers. So-called "evil" is one of nature's means to a great good. Its lessons, though severe, should be loved until the affirmative methods of acquiring wisdom are learned. "Cast the beam" of fear and ignorance "out of your own eye" and you will no longer see even "motes" of evil in any person, circumstance or thing.

Affirmations such as the following may be used in this connection, viz.: I—can—subdue—ignorance—through—thought—therefore—will not—fear—its—illusive—bugaboos—of evil. They—are—only—trying—to—teach—me. I—will—welcome—every—circumstance—and try—to learn—its lesson—and rise—above it. When—I—awaken—my—inner—powers I—will—then—need—no—such—helps. I—love—every—help. I—love—all—persons—and things. My—love—casts—out—fear—envy—deception—hate and every such negative and perverted thought force.

Recipe No. 6. Demand such perfect oneness with the higher self that passion may be duly restrained and all consequences of past passion or heredity be completely annulled. The higher self is ever able, through knowledge of and obedience to its universal laws, to thus annul and cancel every such debt of bondage to past ignorance.

Affirm as follows: I—am—not—bound—by—the

mistakes—of—my—ancestors—or—of my—past,—after I—have—learned—the lessons—such—circumstances had—for—me. I—now—know—that—my—higher self—knows—those—lessons and—all—I—need—to do—is—to—live—in—the motherly—shadow—of—its—protecting—abode—within. I—possess—its—full—powers—for I—am—it. I—refuse—to be—ruled—by—passion,—by—my—past—ignorance—or by—the—limitations—or—ignorance—of—ancestors.

Recipe No. 7. "Love is the fulfilling of the law" of health, power, success and happiness. Perfect Love subdues fear and produces harmonious interior vibratory currents. If fear is allowed to constantly enter into the mind, those currents will become as disturbed, unsteady and convulsively irregular as would the action and mood of a high spirited horse if suddenly driven too close to a "steam roller." It is mainly the *habitual* moods of fear produced by our petty anxieties and useless disturbances over little things, and not the great events and disturbances, that is the cause of our chief bodily inharmonies and other difficulties. So long as these minor channels for the reception of such insidious forces are left open, we are thus inviting attacks at our weakest points.

When we learn that we are inseparably attached to the great law of Love, which is the essence of all things, we should be able to overcome every fear. Although it takes light thousands of years to travel to us from some of the stars we see in the heavens, that great law of Love produces exact vibratory currents which keep countless millions of such stars and planets in their orbits and is *fully* represented in the humblest heart.

It should inspire in us an unfailing love for the most lowly representative of a principle so great and an infallible trust that the same principle will care for all our needs with the same fatherly tenderness that it does for a planet and each straggling rose or sparrow which inhabits it.

We are each, of altogether too much importance and too intimately related to our source to fail to reap the advantages of every wise provision of that great law, which is as fully represented in its every part as it is in the great whole. That law is within you as it is within me and within every one. It is your higher self. Can you not cast your burdens upon it and fully trust it to give you sufficient strength and health to do all that you ought to do? In your fidelity to its law you may show the world the beauty of a life which constantly drinks in its Divine elixir.

If your system is clogged in its vibratory currents by a cold, or with any other inharmony, an infusion of Love's more powerful vibrations will quickly dominate those currents with its harmony. If it is fever, nervous debility, cancer, consumption, delirium-tremens, or anything else which ails you, it is only an evidence of inharmony in your vibrations. It can be remedied by going direct and farther within to that principle of Love which is the cause and therefore the controller of all vibrations.

Love and Truth are the principles of action which originally set your thinking machinery at work. They never get tired and never run down. They give perpetual motion to your higher self and are quite able to likewise give perpetual motion to your present thought

consciousness and bodily vibrations just as soon as you learn the thought method of keeping in perfect touch with that higher self and thus with its backing of Love and Truth. As a means of doing so be loving. Be truthful in all things. Be true to your higher self. Live for your best. Learn your relatedness to all persons and things. Learn those occult laws by which you can by a process within yourself gain power over all things by thus coming into conscious and sympathetic vibratory contact with the underlying essence of all things.

Every disease is but the yearning of the body for more love, through closer contact with the higher self. If you are unable as yet to apply occult laws sufficiently to obtain that result within yourself, and thus its outward correspondences, you may, at small expense, obtain thought-treatments from the special department of our Brotherhood which is devoted to the purpose of giving such helps. The coming number will aim to show how to give occult helps to others, how to avoid the mistakes that are most common in thought-treatments, and how to apply occult principles in the attainment of business results, etc.

NOTICE.

THE demand for back numbers of the OCCULT SCIENCE LIBRARY has been so great that some of the editions are already exhausted. As the first seven numbers, together with other matter, are now published in book form (silk cloth, larger than 12mo., price \$1.25) it is not certain that they can be had separately after the few remaining copies are sold. We can yet furnish separately the following numbers of Vol. I, viz: "Power of Co-operative Thought to Produce Results in all Business and Art," "Love is Power," "How to Rule Your Kingdom," "Useful Occult Practices," "Esoteric Laws of Happiness" and "Occult Helps," and of Vol. II we have "Occultism in a Nutshell," "Marriage" and "How to Create Opportunities." (Price 15 cents each.)

The tremendous importance of these publications, and of the practical occult helps which go with them, are now widely recognized. The Smithsonian Institute, at Washington, recently sent for them for their library, and many other of the highest scientific, educational and ethical authorities in the land have in many ways given especial recognition to their worth.

Thousands of individuals of more or less prominence have voluntarily expressed their gratitude for the helps it has been our pleasure to so render them. We are only too glad to help and regret that we cannot give individual advice to the many who write for it, but who do not conform to our simple rules. The first five degrees of our Brotherhood are for the purpose of giving helps, and if we give individual advice in personal affairs we must have the data which will enable us to base it on sound scientific principles. It is only right that we should decline to take the responsibility of giving it otherwise. All communications should be addressed to

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Do not say, "There is nothing I can do." Who knows how many weary hearts may be helped with their burdens, and how wide may be the influence of such simple acts as the sending of a single address. You will feel all the better by thus helping others, and we will send you kindly and helpful thoughts. Do not wait. Send names now. Send 15 cents for the May number of Occult Science Library, entitled "Occultism in a Nutshell."

EMERSON'S ESSAYS.

We advise students of Occult Science to read Emerson's Essays in connection with our Occult Science Library. It is generally found that they cast new rays of light on the subject and help illuminate points that might otherwise seem obscure.

Those who order our (25 cent) edition of Emerson's Essays (first series, 304 pages bound in paper) will receive a copy of the Occult Science Library free of charge.

A great many members of The Home Silent Thought Brotherhood use these publications in connection with each other. To do so is, therefore, an efficient aid in getting more in harmony with their united thought currents. We would, also, suggest that the Occult Science Library be used as a key or help in interpreting the Scriptures.

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Woodlawn, Kansas, Feb. 19, 1897.

As one of the members of the Brotherhood, I am prompted to write to you in my needs which are ——— C. E.

LATER. (March 4, 1897.)

I want to tell you that I think your special thought in my behalf has done me a great deal of good. I was led to rush around until I got two of the notes renewed, and then the *sweetest peace* that you can imagine, settled down over me, and I was without a *particle* of fear or doubt. Even the thought of Mr. ———, who sold out the stock on which I had the mortgage (for ——— hundred dollars), who then went away, and who won't even answer my letters, didn't cause me the slightest uneasiness. Oh! if I could just learn to live that way all the time, I would be so glad, etc., etc.

LATER. (April 14, 1897.)

I have just received a letter from Mr. ———, who sold out that mortgage stock, and who is one of the parties I am trying to collect money of. He has sent me ——— hundred dollars this month, but wants to keep the remainder six months longer.

I sent him that October copy of the Occult Science Library, as per your suggestion, and he answered by letter and seemed to appreciate it. He thanked me for it and also for the money I had loaned him, and said I needn't give myself any anxiety about it, as he would pay every cent of it. I had the most fears about this one. I then suffered *so much* with fear, and seemed to have no power to control it. There is now one great improvement in myself, and that is deliverance from fear. I am tempted sometimes to be fearful, but I have the power to drive it away. You wanted me to send you any letters I might write to any of these people, so I will send you this one to Mr. ———, the first one I have written. I suppose you will forward it to him, etc., etc.

Yours very respectfully,

C. E.

TESTIMONIALS.—Continued.

co-operative, higher thought, and am anxious to partake of its blessings and privileges. I have been growing just a little discouraged in my efforts to rise above natural perplexities, and so this comes very opportunely as a form of help I need. S. M.

Pittsburg, Pa., Dec. 25, 1897.

Your Occult Science Library was put in my hands by mere chance. It brings me renewed hope that just now, when at a very critical period of my life, I may receive help from other minds older and stronger than my own. L. C. M.

Puesto Plata, West Indies, March 21, 1897.

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Dr. V. L.

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New York City, March 10, 1897.

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St. Clair, Mich, May, 1, 1897.

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